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### **About gymnastics: learn, watch or compete**

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I am happy to recommend (almost certainly) the best video resource for recreational coaches available. It is called Complete Recreational Gymnastics , a huge

### **Start list and results - international federation**

The FIG in brief; Partners; Directory; The office; Population; Council; Congress; Gymnastics for All; Men's Artistics; Women's Artistic; Rhythmic; Trampoline

### **The collegiate gymnastics information center**

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