

**In Sickness And In Health: Exercise Addiction In
Endurance Athletics By Abby Ruby Ph.D.**

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Abby Ruby earned her Ph.D. from the University of Iowa. She is a Senior Coach for Carmichael Training Systems and a USA Triathlon Level II Coach. She also has her

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Abby Ruby is the author of In Sickness and in Health (3.00 avg rating, 2 ratings, 1 review, published 2011)

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