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potassium, magnesium and fiber. Tender, Dark chocolate is good for your heart health, James. There have been

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Pierce, James B., Heart Healthy Magnesium, Garden City Park, NY., Avery Publishing, 1994. Weiss, Decker, Cardiovascular Disease: Risk Factors and Fundamental

Magnesium, b vitamins benefit cfs patients

"People with chronic fatigue syndrome usually feel better when they supplement their diets with magnesium," reported James B. Pierce, Heart Healthy Magnesium

Raw vegetable juices and green juice recipes

With heart disease, we know magnesium is the great healer. See James B. Pierce, Ph.D., Heart Healthy Magnesium - Your Nutritional Key to Cardiovascular Wellness

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